



I AM MENTality Movie List

1. Inside Out-(**Children's Emotions**) **5yrs+**
2. Muhammad Ali- (**True Greatness/ Fortitude**) **10yrs+**
3. Charlotte's Web-(**Emotional Balance**) **5yrs+**
4. Finding Nemo- (**Father-Son Relationship**) **5yrs+**
5. The Lion King- (**Courage/Self-Discovery**) **5yrs+**
6. Selma-(**Black History**) **10yrs+**
7. Pride-(**Racism/Progression**) **14yrs+**
8. Hidden Figures-(**Black Women/Sexism**) **10yrs+**
9. Remember the Titans-(**Character/Team Building/Racism**) **12yrs+**
10. The Great Debaters-(**Conquering Your Environment**) **10yrs+**
11. I Know Why the Caged Bird Sings poetry-(**Identity**) **10yrs+**
12. Malcolm X-(**Childhood Challenges/ Racial Tension/ Mentorship**) **13yrs+**
13. Coach Carter-(**Leadership/Commitment**) **13yrs+**
14. Eyes on the Prize-(**Black History from the 1860's-1990's**) **7yrs+**
15. Dope-(**Leadership/Surviving Your Environment**) **13yrs+**
16. Fences- (**Family Issues**) **14yrs+**
17. Antwan Fisher- (**A Father's Love**) **10yrs+**
18. Pursuit of Happiness-(**Fatherhood/Developmental Struggles**) **10yrs+**
19. Karate Kid-(**Mentorship**) **7yrs+**
20. Lean on Me-(**Transformational Leadership**) **15yrs+**
21. Forest Gump-(**Dreams/Hope**) **12yrs+**
22. Blind Side-(**Kindness/Overcoming Circumstances**) **12yrs+**
23. Good Will Hunting-(**Love/Dissatisfaction**) **13yrs+**
24. Boyhood-(**Growth/Development**) **11yrs+**
25. Joshua: Teenager Versus the Super Power-(**Bravery as a Teen**) **13yrs+**

Please adhere to the age requirements listed above to prevent negative impacts on viewers. I AM MENTality Youth Male Empowerment Project will not be liable for the disregard of age requirement for the films presented. This movie list is a developmental tool for youth that should be used to inspire, encourage, and offer insight into ways to transcend any situation.



Movie List Q/A

1. Who was the protagonist? **PT1** (Actors name or person being played)
PT2-Who was the antagonist and why? (Protagonist enemy or oppose)
2. What was the context? (Where was the filmed captured?)
3. Did you like the film?
4. What part of the film made you emotional and why?
5. Where could you see yourself (emotionally, socially, and or contextually) in the film?
6. What did the hero of the film have to overcome? **PT1** List one great decision he/she made in a challenging situation **PT2**?
7. What are you inspired to do going forward based on the film?